

# PROVIDER GUIDE

## Dementia Risk Screening and Identification

1



### Identify and Screen Patient

- **Identification techniques:** [10 Warning Signs of Dementia](#) and Annual Wellness Visit
- **Cognitive screens:** [Mini-COG](#), [MIS](#), and [AD8](#)
- **Depression screening:** [PHQ-9](#) or [Geriatric Depression Scale](#)
- **Substance use:** Alcohol, smoking, or other substance use; [AUDIT](#), [CAGE](#)

2



### Identify care partner or caregiver and assess needs

- Obtain information about patient from informants (i.e., caregivers, family, etc.)
- Screen for neuropsychiatric symptoms (e.g., depression) and caregiver burden ([ZARIT Burden Interview](#))
- [CaringKind](#)

3



### Identify patient needs and assess safety

- **Functional assessment:** [ADLs](#) and [IADLs](#)
- [Medicare Annual Wellness Packet](#)

*Particular focus on medication administration, travel (including driving), meal preparation, possession of a firearm*

4



### Formulate and discuss clinical diagnosis impressions

- **No cognitive impairment:** Discuss preventive measures
- **Mild cognitive impairment or dementia:** Discuss the diagnosis and recommend lab testing and brain imaging
- [Center for Advanced Palliative Care](#)

5



### Clarify the etiology and provide holistic management

- Non-pharmacological management of Alzheimer's and other dementias
- Management of symptoms
- Disease specific pharmacological management
- Refer to community resources

6



### Refer to a specialist

- Presentation of Alzheimer's or other dementias: [NYC](#), [H+H](#), [NYU](#), [NYP](#), [Northwell](#), [Mt. Sinai](#), [Montefiore](#), [SUNY Downstate](#), [MSSM](#), [ADRC](#)



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## Care Coordination Services & Social Services

### Alzheimer's Association NYC

- Support and advocacy services
- General dementia knowledge

T: (800) 272-3900

E: [nyccare@alz.org](mailto:nyccare@alz.org)

W: [New York City Chapter | Alzheimer's Association](#)

### Find Help (Aunt Bertha)

- Social services available by zip code

W: [Aunt Bertha](#)

### ARCH National Respite Network

- Respite provider search by state and zip code

T: (703) 256-2084

W: [National Respite Locator Service](#)

### NYC Department for the Aging

- Case management services
- Benefits applications
- Home care & meal delivery
- Wellness programs for social isolation
- Caregiver services

T: (212) Aging NYC

W: [Department for the Aging](#)

### CaringKind

- Social support, educational services at all stages of Alzheimer's and dementia
- 24-hour helpline

T: (646) 744-2900

W: [CaringKind](#)

### Legal Services (NYC)

- Health and disability legal rights care

T: (917) 661-4500

W: [Health & Disability Rights - Legal Services NYC](#)

